

PRAYER GUIDE 5

Praying Through Purpose and Direction

"For I know the plans I have for you, declares the Lord." — Jeremiah 29:11

How to Use This Guide

Feeling lost or without direction is one of the most common struggles of young adults. This guide invites you to bring that uncertainty to God and trust Him with the plan He has already written for your life.

Opening Prayer

God, I am not always sure where I am going. I have questions about my future, my calling, and my purpose. I do not want to figure this out alone anymore. I am inviting You into the uncertainty. Lead me. Amen.

Praying Through Purpose

When you feel lost or directionless:

Lord, everyone around me seems to know exactly where they are going, and I feel stuck. But Your Word says You have a plan for me — plans to give me hope and a future (Jeremiah 29:11). Help me trust that plan even when I cannot see it.

When you are afraid of making the wrong choice:

Father, I am afraid of getting it wrong. I do not want to waste my life. But You promise to direct my paths when I trust in You (Proverbs 3:5-6). Help me take the next step in faith, even without having the whole picture.

When you feel like your life does not matter:

Jesus, remind me today that You created me on purpose and for a purpose. My story is not random. My gifts are not an accident. Help me see the impact I can have right where I am, right now — even if it feels small.

A Prayer of Surrender

God, I give You my plans, my timelines, and my expectations. I choose to trust You more than I trust my own understanding. Write the story You want to write with my life. I am available. Amen.

Closing Prayer

Lord, give me one clear next step today. I do not need to see the whole path — just enough light for the step in front of me. I trust You with the rest. Amen.

Reflection Question

What is one gift, passion, or experience in your life that God might be using to point you toward your purpose? Write it here.

You are seen. You are known. You are loved.