

PRAYER GUIDE 8

Praying Through Doubt and Growing in Faith

"Lord, I believe; help my unbelief." — Mark 9:24

How to Use This Guide

Doubt is not the opposite of faith — it is often the beginning of it. This guide is for anyone who is asking hard questions, wrestling with belief, or simply wanting to go deeper in their relationship with God.

Opening Prayer

God, I am going to be honest: I have questions. There are things about faith I do not fully understand and things I am not sure I believe. But I am here — and I think that counts for something. Meet me in my honesty. Amen.

Praying Through Doubt

When you are not sure God is real:

God, if You are there — I want to know You. I am not going to pretend I have it all figured out. But I am asking You, like the father in Mark 9, to help my unbelief. Show Yourself to me in ways I can recognize.

When faith feels distant:

Lord, there was a time when faith came easier. Right now it feels far away. I do not want to lose it. Draw me back. Remind me of the moments I have seen You work. Reignite something in me that I thought was gone.

When life makes it hard to believe:

Father, the hard things in my life make it difficult to believe that You are good. I am wrestling with that. I do not want to pretend otherwise. But I choose to bring my wrestling to You instead of walking away. Hold me in the tension.

A Prayer for Deeper Faith

God, I want more than a surface-level faith. I want to know You — not just know about You. Take me deeper. Show me who You really are. Let my faith be built on something real and lasting, not just feelings or tradition.

Closing Prayer

Lord, thank You for not requiring perfect faith — just honest faith. I give You what I have today. Grow it. Shape it. Use it. I am willing to be surprised by You. Amen.

Reflection Question

What is one honest question you have for God that you have been afraid to ask? Write it here. Then sit quietly for two minutes and listen.

You are seen. You are known. You are loved.